



IN STEP

Winter 2014

WITH PREGNANCY MATTERS, INC.



TURNING 'UNPLANNED' INTO A LOVING PLAN

This email was received from a client in the October 2013:

The second I walked through the door to volunteer, I knew this would be an empowering experience. First, I want to thank you for the opportunity of volunteering and for your kindness and mindset towards things. Volunteering here lets me know that one person can change the community and more important save lives, tiny lives and huge, and sometimes troubled lives. Secondly, Pregnancy Matters allows me to be myself and allows

my nurturing side, my concerned side, and nonjudgmental side to show. Being here is so worthwhile, and just when I was starting to forget, life kicked me in the butt to remind me that I am needed and that I am important. Overall, I want to thank the staff for being tender hearted about helping others as well. I surely will continue to follow in that path.

Thank you, A.

GET INVOLVED

MAKING A DIFFERENCE



Although volunteering once a week may be difficult to fit into a busy schedule, participating in a Saturday morning event can be just as productive to help meet the needs of those in crisis! Funds from our annual Walk help purchase pregnancy tests, prenatal vitamins, and ultrasound supplies. It also helps pay utility bills, phone costs, insurance and other operational expenses. It is through your kindness and generosity that we are able to offer guidance, support, and practical assistance free of charge. We hope to see you at this important fundraiser on March 22! For more information, please call us at 888-303-8859 or email info@pregnancymatters.org

INSIDE:

- Walk for Life Sponsor Form
- Turning 'unplanned' into a Loving Plan
- Get Involved

LOCATIONS

241 S. Lewis Lane
Carbondale IL

1200 E. DeYoung
Marion IL

3rd Floor
Pinckneyville Hospital
Home Health Wing
Union County Hospital



WALK FOR LIFE Saturday, March 22

Illinois Star Centre Mall
in Marion

Registration and breakfast
begin at 8am

Sponsor form enclosed!

With more than 400 women entering our office for pregnancy tests...some single, some unemployed, some in school, but all not prepared for the possible life transition of parenthood—our staff is faced with the challenge of problem solving in each unique situation.

It becomes more than crisis intervention... it's continual emotional support and practical assistance that may last for months or years. With over 800 southern Illinois families requesting help with baby and maternity items during 2013, the donated supplies from community members, churches, and groups are vital.

Nearly one hundred ultrasounds brought on tears, smiles, and expressions of amazement over the last twelve months. In addition, the single moms in our parenting group bonded as we talked about their own needs and fears. They worked on budgeting, parenting skills, and stress reduction during their time together.

The Pregnancy Matters team is an amazing group of people, each with their own set of unique skills and gifts. Together we reached more than 1,000 clients...provided two dozen community presentations, dispersed \$20,000 worth of donated baby items, and helped coordinate two successful fundraisers. Our volunteers and interns contributed more than 1,000 volunteer hours.

Change is inevitable. As community needs grow, our services expand as well. Beginning in summer 2014, we will add post partum depression counseling to our list of free and confidential services. We have also added two new mem-



bers to our Board of Directors. Ashton Stephens of Heartland Women's Healthcare and Evie Allen of WSIL now complete our team. We welcome positive change and are looking forward to 2014! We hope you join us in the exciting endeavor!

OUR MISSION STATEMENT:

Pregnancy Matters, founded on the Christian principles of service and love and life, is dedicated to educating, empowering, and encouraging individuals to make healthy choices about their pregnancy and their relationships.

WALK FOR LIFE REGISTRATION INFORMATION

WALKER INFORMATION

Name _____

Age _____ Total Raised _____

Address _____

City _____ ST _____ Zip _____

Phone _____ Email _____

GROUP PARTICIPANTS

Group Leader _____

Name of Group _____

Total Walkers in Group _____

Total \$ Raised by Group _____

If you are walking as part of a group, please register as a group when you arrive. Thank you.

PLEASE PRINT ALL INFORMATION CLEARLY.

Make checks payable to Pregnancy Matters, Inc.

	SPONSOR NAME	SPONSOR ADDRESS, CITY, ST, ZIP	SPONSOR PHONE	AMOUNT PLEDGED	AMOUNT COLLECTED	CASH OR CHECK	RECEIPT REQUESTED
1							Y N
2							Y N
3							Y N
4							Y N
5							Y N
6							Y N
7							Y N
8							Y N
9							Y N
10							Y N
11							Y N
12							Y N
13							Y N
14							Y N
15							Y N
16							Y N
17							Y N
18							Y N
19							Y N
20							Y N
				TOTAL PLEDGED			
				TOTAL COLLECTED			

Your donation of \$25 or more will help us receive a matching grant from the Human Life Foundation!